Author encourages readers to discover, cultivate, and use their gifts in his autobiography 'Fulfilling My Destiny, Step by Step'

"Howard University was the perfect institution for setting me on a path to becoming a contributor to the global community." – Robert Louis Shepard, PhD

WASHINGTON, DC SEPTEMBER 16, 2016 - Author Robert Louis Shepard shares in his memoir, "Fulfilling My Destiny, Step by Step - An Autobiography –", the details of his life to show that no matter where one's journey began they can find their purpose and their passion to maintain hope to fulfill the DESTINY that God has set for them.

About the Author

Shepard's motto is that "It's more productive to focus on your capabilities than your limitations." He uses his philosophy to help others to focus on their strengths and capabilities. Combining his experiences and his exposure, he became a passionate advocate for inclusion of Historically Black Colleges and Universities (HBCUs) in the federal government's multi-billion dollars-a-year research enterprise. After a 47-year separation from his alto sax, in 2011 he picked back up his sax and is having fun reacquainting himself with how to make music. Shepard lives in Maryland and North Carolina with his wife. "Fulfilling My Destiny, Step by Step" is his first book. For more information on Dr. Shepard, visit www.robertlouisshepard.com.

About Howard University

Founded in 1867, Howard University is a private, research university that is comprised of 14 schools and colleges. Students pursue more than 140 programs of study leading to undergraduate, graduate and professional degrees. The University operates with a commitment to Excellence in Truth and Service and has produced one Schwarzman Scholar, three Marshall Scholars, four Rhodes Scholars, 12 Truman Scholars, 25 Pickering Fellows and more than 165 Fulbright recipients. Howard also produces more on-campus African American Ph.D. recipients than any other university in the United States. For more information on Howard University, visit www.howard.edu.